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ABSTRACT

The year 1973 was a turning point in the field of mental health education. All across the country, new programs were started to educate the public about mental health. Providing personal and technical assistance to local program directors and volunteers became a new role for NIMH. To that end, this updated listing of materials available to local programs was prepared. It includes only publishers of mental health pamphlets and other materials designed for use by the lay public and groups involved in education work with the lay public. Materials covered in the guide include pamphlets, leaflets, reports, periodicals, bibliographies, work kits, play scripts, discussion guides, films, radio programs, and posters. The guide is not intended to be exhaustive. (Author/PC)

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GUIDE TO MENTAL HEALTH EDUCATION MATERIALS

A Directory for Mental Health Educators

U.S. DEPARTMENT OF HEALTH, EDUCATION & WELFARE
NATIONAL INSTITUTE OF EDUCATION
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How To Use This Directory

The materials included are listed under alphabetical subjects. Most resources include a brief description and all include the organization from which they are available. The organizations, with their addresses, are listed alphabetically in the Appendix.

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FOREWORD

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1973 was a turning point of considerable importance in the field of mental health education. All across the country, new programs were started to educate the public about mental health.

One of the new roles for the National Institute of Mental Health is to provide guidance and technical assistance to local program directors and volunteers. To that end, the Office of Communications has updated the listing of materials available to local programs.

Only publishers of mental health pamphlets and other materials designed for use by the lay public and groups involved in education work with the lay public have been included. Trade or textbook publishers of books on psychiatry and mental health have not been included since their books are not as widely used as pamphlets in mental health education programs.

Materials covered include such publications as pamphlets, leaflets, reports, periodicals, bibliographies, work kits, play scripts and discussion guides, films, radio programs, and posters.

This listing is certainly not exhaustive. There are several other sources. In your search for new materials (or tried and true ones) feel free to contact our office for more advice.

Julius Segal
Acting Director
Division of Scientific and
Technical Information

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AGING

The Aged and Community Mental Health: A Guide to Program Development

Group for the Advancement of Psychiatry, Inc.

Mental Illness in Later Life

American Psychiatric Association

A comprehensive, practical guide for general physicians about the emotional problems of the aged. Much of it is useful for lay readers interested in advancing higher standards of treatment and care for the aging population. (308 pp., $7)

A Full Life After 65
Getting Ready to Retire

Public Affairs Committee, Inc.

These pamphlets were prepared in cooperation with national research or program organizations working in the subject fields. (24-28 pp., 35¢ each, with lower rates for quantity orders)

Retirement Series for Men

Family Publications Center

Comprised of twelve letters. These are designed to be sent at intervals before retirement. The chief emphasis of the letters is on the importance of thinking one's way through retirement problems that are real, but with which one can learn to live. Illustrated by more than a hundred sketches.

Retirement Series for Women

Family Publications Center

To our knowledge this is the only preretirement counseling material ever prepared for women — whose adjustment problems are often just as acute as those of men. This series has been widely acclaimed.

The Word Is Hope

The Hogg Foundation for Mental Health

Judy Bonner summarizes the discussion when a group of top experts on aging met to apply their research and experience to specific problems of rehabilitation of elderly persons. (32 pp., 25¢)

Reaching Out: A Program on Behalf of Isolated Elderly

The Hogg Foundation for Mental Health

Donna K. Bearden describes one of nine Areawide Model Projects on Aging in the United States. These programs are charged with developing a comprehensive network of services to older people and drawing them into greater participation in their community. (28 pp., 25¢)

Aging

A newsmagazine, published 10 times a year covering Federal, State, local and organizational activities in aging, and a conference calendar. A year's

subscription is $4.50 and may be ordered from the Superintendent of Documents, Government Printing Office, Washington, D.C. 20402.

Let's End Isolation

Administration on Aging

A pamphlet on isolation of the elderly and what can be done by individuals and the community to prevent or overcome it. (DHEW Publication No. (SRS) 72-20129; also for sale by GPO @ 30¢)

ALCOHOL

Quarterly Journal of Studies on Alcohol

Rutgers Center of Alcohol Studies

The foremost reference periodical in the field. (annual subscription, $20)

American Drinking Patterns: A National Study of Drinking Behavior and Attitudes

Rutgers Center for Alcohol Studies

By Don Cahalan, Ira Cisin, and Helen Crossley. ($9.50)

Drinking Among Teen-Agers

Rutgers Center of Alcohol Studies

By George Maddox and Bevode McCall. ($6)

Problem Drinking Among American Men

Rutgers Center of Alcohol Studies

By Don Cahalan and Robin Room. ($12.50)

Drinking, Community and Civilization: The Account of a New Jersey Interview Study

Rutgers Center of Alcohol Studies

By Harold Fallding (in press).

Phases of Alcohol Addiction (25¢)
The Definition of Alcoholism (25¢)
Children of Alcoholics (30¢)
Adjustment of the Family to the Crisis of Alcoholism (30¢)
Alcoholism as Disability (25¢)
Alcohol, Alcoholism and Crime (25¢)
The Skid Row Man and the Skid Row Status Community (50¢)
Statistics on Consumption of Alcohol and on Alcoholism, 1972 ($2)
What Shall We Teach the Young About Drinking (25¢)

Rutgers Center of Alcohol Studies

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Exploring Alcohol Questions

Rutgers Center of Alcohol Studies

Six illustrated pamphlets in a portfolio. (50¢ per set)

Alco-Calculator

Rutgers Center of Alcohol Studies

A slide rule to estimate effects of different amounts of alcohol on persons of varying weights. ($1.95)

Family Group Forum

Al-Anon Family Group Headquarters, Inc.

A monthly newsletter of "information, interpretation, and inspiration" sent to all members at $2.50 annually.

A Guide for the Family of the Alcoholic

Al-Anon Family Group Headquarters, Inc.

By Rev. Joseph L. Kellerman, Director of the Charlotte Council on Alcoholism and may be used effectively by physicians, psychiatrists, marriage counselors, and clergymen. (16 pp. 15¢)

Freedom From Despair
Alcoholism, the Family Disease
To the Mother and Father of an Alcoholic
What's Next? – Ask the Husband of an Alcoholic
Youth and the Alcoholic Parent

Al-Anon Family Group Headquarters, Inc.

Manual on Alcoholism

American Medical Association

Discusses the problem, causes, diagnosis, and treatment of alcoholism and the metabolism and pharmacology of alcohol. Published in later 1967, it is a considerably revised version of earlier editions. (96 pp., 50¢)

The Treatment of Alcoholism – A Study of Programs and Problems

The Joint Information Service for the American Psychiatric Association and the National Association for Mental Health

By Raymond Glasscote, Thomas F. A. Plaut, Donald Hammersley, Francis J. O'Neill, Morris Chafetz, and Elaine Cumming. This volume, published in 1967, reports on the outcome of a study mutually supported by the JIS and the Cooperative Commission on the Study of Alcoholism. It surveys the present state of the art in alcoholism treatment and incorporates the findings of a survey to psychiatrists in private practice regarding alcoholics in their caseloads. Eleven treatment programs under a variety of auspices are described in detail. (155 pp., $3)

How Teens Set the Stage for Alcoholism

American Medical Association

Written in a question-and-answer format. It discusses the problem of drinking from the broad perspective of everyday life in the home. (8 pp., 10¢)

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Journal of Studies on Alcohol

National Council on Alcoholism

A medical journal issued quarterly.

The Modern Approach to Alcoholism
Alcohol and the Adolescent
What Can be Done About Alcoholism?

National Council on Alcoholism

These are of special interest to mental health educators.

The Mask

Family Publications Center

This film describes the disorders that lie back of the overuse of alcohol.

Counseling Alcoholics and Their Families
Alcoholism and Nursing
The Multi-Disciplinary Approach to the Treatment of Alcoholism

National Council on Alcoholism

These are for those who work with community services groups, such as clergymen, physicians, and social workers.

Directory of Out-Patient Alcoholism Treatment Resources

National Council on Alcoholism

CHILD MENTAL HEALTH

Child Welfare Journal

Child Welfare League of America, Inc.,

Covers every aspect of child welfare services: developments in theory and practice, concepts and methods, training and education, social policy, research, program innovations and administration.

Child Care: A Plan That Works

Young Women's Christian Association of the U.S.A.

Guidelines for community groups to use in thinking through goals, objectives, methods and evaluation of nonracist, nonsexist child care centers.

Crisis in Child Mental Health

Group for the Advancement of Psychiatry, Inc.

GAP publications are issued on a 3-year subscription cycle. They are also available on an individual basis. A catalog of current titles in print may be requested from the GAP Publications Office.

When Children Face Crises

Science Research Associates, Inc.

One of a series of "Better Living" booklets by George J. Mohr, M.D. (124 copies, 84 ¢ each)

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What Every Child Needs for Good Mental Health

National Association for Mental Health

Child Training Leaflets

Mental Health Materials Center, Inc.

21 inexpensive leaflets covering such aspects of child-rearing as jealousy, fear, nervous habits, discipline, obedience, temper, and building self-confidence.

Music Is Fun for Children

Play Schools Association, Inc.

A new illustrated pamphlet which includes a practical guide, bibliography and listing of records for children. (32 pp., $1.50)

Play with Puppets

Play Schools Association, Inc.

An updated booklet showing how to make and enjoy several types of puppets. Illustrated. (52 pp., $1.25)

Play in a Hospital

Play Schools Association, Inc.

A brief for hospitalized children with a suggestion guide. (54 pp., $1.50)

Children and Mental Health Centers – Programs, Problems, Prospects

The Joint Information Service for the American Psychiatric Association and the National Association for Mental Health

By Raymond Glasscote, Michael Fishman, and Meyer Sonis. Published in 1972, this volume focuses on the efforts of federally assisted mental health centers to meet the needs of children and adolescents, both through direct treatment services and through consultation programs. Based on visits by the authors and consultants to eight outstanding programs, it also incorporates the findings of a survey to all mental health centers, provides a full but concise history of treatment efforts for young people in this country, and, most important, it sets forth a hypothetical comprehensive program that is broader than any single program presently operating in the United States. (257 pp., $7)

As Your Child Grows: First 18 Months ($1.00)
Pre-Adolescents – What Makes Them Tick? (75¢)
The Why and How of Discipline (75¢)
You, Your Child and Drugs ($1.50)
Helping Your Child To Understand Death ($1.50)
What To Tell Your Children About Sex (75¢)

Child Study Association of America/Wel-Met, Inc.

Written for parents, teachers and others who work with children, Child Study/Wel-Met pamphlets are accurate, concise and readable. Most are prepared by staff members directly involved with the organization's programs, in response to expressed needs. State health and mental health departments purchase these booklets in quantity for distribution in training and teaching sessions.

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Milestones to Maturity

Family Publications Center

A series of letters for late junior high and early senior high students. It is intended to help young people grow in emotional maturity as they grow physically. Among the titles of individual letters are: "Personality and You," "Your Present Home and your Future Home," "When Are You Ready for Marriage?," "It's Better to Match than to Patch," and "Partners in Living." The letters are sometimes sent to students' homes, but more often distributed in schools. In both cases, the objective is to stimulate discussion of the letters under the guidance of teachers or youth advisors. (This series has been withdrawn from publication, pending revision — but a national professional organization has begun steps to update it. Those interested should write to the Center for information on developments.)

Children's Views of Themselves

Association for Childhood Education

Presents anecdotes revealing the role of self-estimate in behavior and explains how self-concepts develop. 1972 revision. (40 pp., $2)

Good and Inexpensive Books for Children

Association for Childhood Education

A classified list of inexpensive, approved books for children. Each year the ACEI publishes a revised edition. (64 pp., $2)

Children and War

Association for Childhood Education

By Norma R. Law, is a 1973 position paper of ACEI on rejection of killing as solution to conflict; education for peace more than just absence of war. (8 pp., 35¢, 10 for $3)

When Children Move from School to School

Association for Childhood Education

Issued in 1972, discusses effects moving has on children. Gives ideas to teachers and parents to help ease child's period of adjustment. (48 pp., $1.50)

Children of the Evening

The Hogg Foundation for Mental Health

By Bert Kruger Smith, 1961. The severely disturbed youngster is discussed in this pamphlet. Current literature about mentally ill children is reviewed, and patterns for helping such young people are described. 6th printing 1970. Revised 1972. (54 pp., 25¢)

What Psychology Can We Trust?

Teachers College Press

By Goodwin Watson. Contains 50 carefully selected statements about children and learning, with brief comments on their meaning. (19 pp., 75¢)

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Better Living Booklets

To help parents and teachers understand children better.

Guidance Series Booklets

To help teenagers solve their problems

The Job Family Series of Booklets

Science Research Associates, Inc.

Describes jobs in 17 different areas. SRA's guidance booklets include a series for grades 9 – 12, designed to help the teenager develop intellectual and emotional maturity. They also serve as teaching aids in social studies, health, home economics, family living, and vocational programs. The series on "Relationship with Others" includes, for example, *Understanding Yourself* by William C. Menninger, M.D., and *What Are You Afraid Of?* by Franz Alexander, M.D., and Francesca Alexander. Titles in the series, "Understanding and Solving Personal Problems" include *Exploring Your Personality* by William E. Henry and *How To Increase Your Self-Confidence* by C. Gilbert Wrenn. (Individual booklets 1 to 24 copies are 90¢ each. A complete set of 57 booklets is $40.)

COMMUNITY MENTAL HEALTH

The Community Mental Health Center – An Interim Appraisal

The Joint Information Service of the American Psychiatric Association and the National Association for Mental Health

By Raymond Glasscote, James Sussex, Elaine Cumming, and Lauren Smith. Published in 1969, the study reports the findings of field visits to eight federally funded community mental health centers. It includes the transcript of a "confrontation conference" between the authors and the directors of the centers, regarding the problems and issues that emerged from the field study. It also provides detailed descriptions of two highly developed centers. Containing a wealth of significant, pertinent detail, this volume is intended for every person who has any interest or stake in the outcome of the community mental health movement. (156 pp., $6 hard cover, $4 paper.)

The Staff of the Mental Health Center

The Joint Information Service of the American Psychiatric Association and the National Association for Mental Health

By Raymond Glasscote and Jon Gudeman. Reports the findings of a study of several hundred employees on the staffs of eight community mental health centers in various parts of the country. In this volume, published in 1969, the two authors and six consultants interviewed the personnel of these centers to determine the extent and nature of their training, their theoretical persuasions about treating the mentally ill, their morale, their principal satisfactions and dissatisfactions on the job, and many other matters pertinent to the staffing of community-based mental health facilities. (207 pp., $6)

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Salary Ranges of Personnel Employed in State Mental Hospitals and Community Mental Health Centers – 1970

The Joint Information Service of the American Psychiatric Association and the National Association for Mental Health

Reports the salary scales of all mental health personnel, from superintendents and directors to psychiatric aides and attendants, for the fiscal year 1970. Published in late 1970, this volume indicates for all levels of each discipline the salary one may expect to make based on his education and experience. An invaluable guide for all those in the mental health field. (192 pp., $4)

Legal Services and Community Mental Health Centers

The Joint Information Service of the American Psychiatric Association and the National Association for Mental Health

By Henry Weihofen. The author, a professor of law and Legal Services Coordinator for a community mental health center, details the legal aspects that those working in mental health centers should be aware of. Subjects discussed include "legal questions that directly concern the powers, duties, and liabilities of the center and individual members of its staff," such as confidentiality; the legal problems of patients; and the services that the center renders to community agencies and organizations such as the courts and the police. Reproduced as an appendix is the mental health center's "Instructions to Staff Regarding Confidentiality of Records." This important volume was published in 1969. (74 pp., $2)

CRIME AND DELINQUENCY

Crime and Delinquency

National Council on Crime and Delinquency

Intended for professionals and interested citizens. ($14 per year, issued quarterly)

Crime and Delinquency Literature

National Council on Crime and Delinquency

Contains abstracts of current literature and a comprehensive review summarizing knowledge of or developments in specific subjects in criminal justice. ($15 per year, issued quarterly)

The Journal of Research in Crime and Delinquency

National Council on Crime and Delinquency

This journal is of particular interest to researchers in the field. ($6 per year, issued semi-annually)

Careers in the Criminal Justice System

National Council on Crime and Delinquency

Police-courts-probation-institutional training and treatment-parole-aftercare. Designed to encourage colleges and universities to train young people in this field, the leaflet is free on request, and is widely used by guidance counselors.

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Selected Reading List

National Council on Crime and Delinquency

(Issued every 4 years) Describes publications available from leading publishers, welfare and voluntary health agencies, as well as from NCCD. The SRL covers such subjects as prevention, law and the courts, law enforcement, correction, institutions, child abuse, sex offenses, victimless crime, and violence. (Free)

Under Pressure

Family Publications Center

This film deals with police officers' own mental health problems.

The Delinquent and the Law

Public Affairs Committee, Inc.

This pamphlet was prepared in cooperation with national research or program organizations working in the subject field. (24 – 28 pp., 35¢ each, with lower rates for quantity orders)

The Misuse of Psychiatry in the Administration of Criminal Justice: Competency To Stand Trial

Group for the Advancement of Psychiatry, Inc.

CRISIS

First Aid for Psychological Reaction in Disasters

Family Publications Center

Prepared to give health and other community workers some idea of how to aid emotionally disturbed persons in times of local or national disaster. A revised version of a pamphlet prepared in 1954 at the request of the U.S. Federal Civil Defense Administration, the booklet describes principles and practices that are applicable to any community disaster situation. It has been widely used to train community workers and medical and police personnel. (30 pp., 50¢)

How To Cope With Crisis

Public Affairs Committee

This pamphlet was prepared in cooperation with national research or program organizations working in subject field. (26 pp., 35¢ each with lower rates for quantity orders)

DEATH

The Dying Person and the Family

Public Affairs Committee, Inc.

This pamphlet was prepared in cooperation with national research or program organizations working in the subject field. (24 – 28 pp., 35¢ each; lower rates for quantity orders)

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DEPRESSION

Depression: Causes and Treatment

Public Affairs Committee, Inc.

(24 – 28 pp., 35¢ each; lower rates for quantity orders.)

The Cry for Help

Family Publications Center

This film describes how to handle the depressed, suicidal person.

DRUGS

The Treatment of Drug Abuse – Programs, Problems, Prospects

The Joint Information Service of the American Psychiatric Association and the National Association for Mental Health

By Raymond Glasscote, James Sussex, Jerome Jaffee, John Ball, and Leon Brill. Described by the *Journal of the American Medical Association* as "a well-written, authoritative source of invaluable information that should be read by physicians, politicians, community leaders, and anyone else who wants to know what has been done by others to treat drug abusers." This volume, published in 1972, reports on field visits to nine programs operating more than 40 facilities and components for various categories of persons who use drugs – mainly narcotics. The authors discuss the positive and negative features of each of the various treatment approaches. Most importantly, this volume sets forth one reasonable sequence that might be followed by communities seeking to establish various drug treatment resources that will be appropriate for their particular needs. (250 pp., $7)

Facts About Narcotics

Science Research Associates, Inc.

A pamphlet for mental health educators which tells teenagers about drugs of addiction and their effects on the body and suggests five ways in which youths can help in the fight against drug addiction. (17 – 24 copies, 90¢ each)

A Guide To Some Drugs Which Are Subject To Abuse

American Social Health Association

Contains pertinent information about illicit as well as legitimate drugs that are subject to abuse. Designed for teachers, counselors, parents, and students. (An 11 x 17 chart for 25¢)

The Narcotic Addiction Problem (15¢)
Speed Kills! The Amphetamine Abuse Problem (20¢)

American Social Health Association

Drug Abuse – What Can Be Done?

Public Affairs Committee, Inc.

Pamphlet prepared in cooperation with national research or program organizations working in subject field. (25 pp., 35¢ each with lower rates for quantity orders)

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The Crutch That Crippies: Drug Dependence

American Medical Association

Attempts to answer in simple terms such questions as: What is drug dependence? Why do people use drugs? Which drugs can cause dependence? (25 pp., 25¢)

Dependence on LSD and Other Hallucinogenic Drugs
Dependence on Cannabis (Marihuana)

American Medical Association

Reprints from issues of the *Journal of the American Medical Association*. Each summarizes the history of the drug and discusses its effect on the body and mind, treatment of drug users, and control of drug use. (4 pp. each)

Children and Drugs

Association for Childhood Education

Issued in 1972; discusses factors that have caused drug abuse to surface in younger children. Guidelines for parents and teachers who suspect child is using drugs. (64 pp., $2.50)

EDUCATION

The Journal of School Health

American School Health Association

ASHA's official publication which is the best single source of information for those responsible for the health of school-age children.

Mental Health in the Classroom
Health Instruction: Suggestions for Teachers
Growth Patterns and Sex Education: A Suggested Program, Kindergarten Through Grade Twelve
Growth Patterns and Sex Education: An Updated Bibliography, Pre-School to Adulthood
The Nurse in the School Health Program: Guidelines for School Nursing
A Directory of National Organizations Concerned with School Health
Teaching About Drugs: A Curriculum Guide, K-12

American School Health Association

Women and Higher Education

Group for the Advancement of Psychiatry, Inc.

Prevention of Failure

National Education Association

Sybil Richardson and others tell how potential failures and dropouts can be identified and helped early in school life. (80 pp., $1, Stock No. 281-08788)

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When the Child Is Angry

National Education Association

John J. Soltys, Jr., M.D., child psychiatrist, helps teachers feel comfortable with angry children, discovering more constructive ways to deal with anger. (6 pp., 25¢; Stock No. 282-08824)

Teaching Family Life Education: The Toms River Program

Teachers College Press

By Elizabeth S. Force, who initiated and developed a high school program in family-life education. (38 pp., $1)

The Children We Teach

Mental Health Materials Center, Inc.

Teach Us What We Want To Know

Mental Health Materials Center, Inc.

A sourcebook in health and mental health education largely in the words of the 5000 school children who participated in the study which this work summarizes. (179 pp., $3)

Rebels and Causes in the Schools

National Education Association

Discusses the causes of student unrest and what schools and parents can do. (Pkg. of 30 leaflets, $1.50; Stock No. 051-02154)

School Health Services

National Education Association

Focuses on the role of the teacher in school health services and is designed as a reference for teachers, school administrators, physicians, and nurses. Particularly valuable as a text for institutions preparing teachers, physicians, and public health personnel. Prepared by the Joint Committee on Health Problems in Education of the NEA and the American Medical Association. (432 pages, $3; Stock No. 381-11542)

What Parents Should Know About Sex Education in the Schools

National Education Association

States that sex education is an important part of the school health program. (Pkg. of 30 leaflets, $1.50; Stock No. 051-02066)

Anger in Children

National Education Association

George Sheviakov focuses on the causes of anger, the type of anger, and practical ways in which teachers can cope with angry children in the elementary classroom. (32 pages, $1; Stock No. 281-08752)

Developing Mentally Healthy Children

National Education Association

Katherine E. D'Evelyn illustrates with case studies her discussion of five "musts" for the promotion of strong ego and sound mental health in children. (32 pages, $1.25; Stock No. 281-08886)

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Family Life and Sex Education in the Elementary School

National Education Association

Helen Manley has designed this publication, which features a suggested curriculum as well as a bibliography of resource materials to help elementary school educators who are interested in establishing and improving programs on family life. (32 pages, $1; Stock No. 281-08852)

Helping Children Understand Themselves

National Education Association

Glenn R. Hawkes helps teachers aid children in understanding their emotional disturbances and fulfillment of their needs.(6 pages, 25¢; Stock No. 282-08790)

Pressures on Children and Youth

National Education Association

Lists situations causing stress and problems in children from preschool through college age, how parents can detect when a child in overpressured, and what parents can do. (Pkg. of 30 leaflets, $1.50; Stock No. 051-02124)

Anxiety as Related to Thinking and Forgetting

National Education Association

One of the series entitled "What Research Says to the Teacher." Analyzes anxiety and suggests ways teachers can help children overcome such feelings. (32 pages, 35¢; Stock No. 387-11858)

Health Education

National Education Association

Involves organized health teachings; coordination of health learnings and experience, counseling, and guidance. Prepared by the Joint Committee on Health Problems in Education of the NEA and the American Medical Association. (450 pages, $2.75; Stock No. 381-11786)

Healthful School Environment

National Education Association

Emphasizes the importance of the ecology of pupils' school experiences. Includes the activities carried on in the classroom and other instructional areas and the experiences and relationships that give the school its emotional climate. Prepared by the Joint Committee on Health Problems in Education of the NEA and the American Medical Association. (312 pages, Cloth, $6; Stock No. 381-11860)

How To Help Prevent Failure in School

National Education Association

Lists reasons most frequently given by teachers for failure and suggests ways parents can help. (Pkg. of 30 leaflets, $1.50; Stock No. 051-02090)

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Mental Health

National Education Association

"What Research Says to the Teacher." Highlights the psychosocial school world, classroom learning, pupil and teacher mental health, and how to teach mental health principles. (32 pages, 35¢; Stock No. 387-11846)

Low Income Kit on Child Development
Helping Parents Teach Young Children
Parents and Babies

Extension Service

Packets of teaching materials for work with parents of babies, preschool children, and teenagers. These guides are planned to be used by home economics programs aides and others who work with parents. A form is enclosed in each packet for use in ordering bulk supplies of the materials.

Young Deprived Children and Their Educational Needs

Association for Childhood Education

By Barbara Biber. Issued in 1967. (16 pp., 50¢)

Children and TV

Association for Childhood Education

Contains articles by educators, parents and psychologists on the impact of television on children. It was also issued in 1967. (64 pp., $1.25)

Early Childhood: Crucial Years for Learning

Association for Childhood Education

Contains selected articles from *Childhood Education* on such subjects as discipline, pressures and play. (92 pp., $1.25)

Feelings and Learning

Association for Childhood Education

An illustrated book, discusses how feelings are interwoven into areas of children's development. (96 pp., $5.95)

Readings from Childhood Education–Articles of Lasting Value

Association for Childhood Education

1966, 416 pp., $3.75.

Creative Dramatics for All Children

Association for Childhood Education

Issued in 1973, presents guidelines for deepening children's sense-awareness and expressiveness. Includes sections on creative dramatics with the emotionally disturbed and the brain injured. (64 pp., $3.25)

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American Education

Office of Education

A journal containing articles dealing with such programs as Adult Education, Education of the Disadvantaged, Dropouts, Drug Abuse, Preschool Education, Handicapped, Teacher Training, and Career Education. ($4.50 annually for 10 issues)

Observing and Recording the Behavior of Young Children

Bank Street College of Education

By Dorothy H. Cohen and Virginia Stern. Discusses the great amount of information revealed by children through their movements and verbalizations. (85 pp., $1.75)

Promoting Cognitive Growth from a Developmental-Interaction Point of View

Bank Street College of Education

By Barbara Biber, Edna Shapiro, and David Wickens. Defines and illustrates how the teacher of preschool children can strengthen cognitive development, one of several goals in the developmental-interaction program of education. (64 pp., $2.50)

"Young Deprived Children and Their Educational Needs"

Bank Street College of Education

By Barbara Biber. Reprinted from *Childhood Education* September and October 1967; deals with five kinds of experience that seem minimum essentials for a four- or five-year-old child beginning a school experience. (16 pp., 15¢)

Psychosocial Studies in Education

Bank Street College of Education

Edited by Barbara Biber, Basic Books, New York, 1969. Includes two studies:

The Psychological Impact of School Experience by Patricia Minuchin, et al. which studies children educated in four different urban schools where the educational philosophies and practices varied. (521 pp., $12.50)

Teaching and Learning in City Schools by Eleanor Burke Leacock. Probes systematically fundamental questions in education today, including how attitudes and values of teachers help to mold a child's opinion of himself and his response to the educative process. (263 pp., $7.50)

Learning to be Socially Acceptable by Irma Simonton Black (4 pp., 15¢)
Dramatic Play and Cognitive Development by Lucile C. Perryman (4 pp., 20¢)
Firsthand Experiences and Sensory Learning by Jessie Stanton and Evelyn Beyer (4 pp., 15¢)
The Most Important Years by Jessie Stanton and Agnes Snyder (4 pp., 15¢)
Basic Approaches to Mental Health: Teacher Education at Bank Street College by Barbara Biber, Elizabeth Gilkeson (11 pp., 25¢)
Problems of Values and Measures in Evaluation of Teaching by Barbara Biber (5 pp., 25¢)

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But Won't You Spoil Them? by Irma Simonton Black (4 pp., 15¢)
Reactions of Negro Children Toward Negro and White Teachers by Claudia Lewis and Barbara Biber (8 pp., 25¢)
Social Education of Young Children by Charlotte B. Winsor (10 pp., 25¢)
Bank Street College of Education

"The Education of Young Children: A Developmental-Interaction Approach"
Bank Street College of Education

By Edna Shapiro and Barbara Biber. In: *Teachers College Record*, Volume 74, Number 1, September 1972.

"Integration of Mental Health Principles in the School Setting"
Bank Street College of Education

By Barbara Biber. In: *Prevention of Mental Disorders in Children*, edited by G. Kaplan, Basic Books, New York, 1961.

"A Learning-Teaching Paradigm Integrating Intellectual and Affective Processes"
Bank Street College of Education

By Barbara Biber. In: *Behavioral Science Frontiers in Education*, Wiley, New York, 1967.

"Matching Teachers With Children"
Bank Street College of Education

By Jacqueline Rosen. In: *School Review*, Volume 80, Number 3, May 1972.

"Preschool Education"
Bank Street College of Education

By Barbara Biber. In: *Education and the Idea of Mankind*, edited by R. Ulich, Harcourt, Brace, New York, 1964.

"The Relevance of Developmental and Psychodynamic Concepts to the Education of the Preschool Child"
Bank Street College of Education

By Barbara Biber with Margery B. Franklin. In: *Journal of the American Academy of Child Psychiatry*, Volume 6, Number 1, January 1967.

"The Whole Child, Individuality, and Values in Education"
Bank Street College of Education

By Barbara Biber. In: *A New Look at Progressive Education* (ASCD Yearbook) 1972.

Creating Climates for Growth
The Hogg Foundation for Mental Health

Francis F. Fuller, Oliver H. Bown, Robert F. Peck, 1967. 4th printing 1971. Introduction by Roy Wright Menninger. This pamphlet focuses on teachers, suggesting means of recognizing and responding to feelings, their own as well as those of children and parents. (35 pp., 35¢)

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The Changing World of Mental Measurement and Its Social Significance

The Hogg Foundation for Mental Health

Wayne H. Holtzman, 1971. The author examines educational reform and the new technologies, criticisms of standardized measurement tests and the growing recognition of social, cultural, and linguistic variability with the effect these factors may have on an individual's test score. First presented in 1970 as a presidential address before Division 5, the American Psychological Association, this essay then appeared as an article in the June, 1971, *American Psychologist* 26:6, from which it is reprinted with permission. (18 pp., 20¢)

Organizing Group Discussions

The Hogg Foundation for Mental Health

Carl F. Hereford, 1961 5th printing 1968. This "how to do it" pamphlet on organizing and conducting an educational program using a group discussion method is based on a four-year research project in parent-child relationships directed by Dr. Hereford. The method described has been subjected to evaluative research. (27 pp., 25¢)

The Young Child - Review of Research Vols. I and II

National Association for the Education of Young Children

A compendium of 18 articles from *Young Children* each one of which describes current research concerning one aspect of behavioral development in early childhood. (301 pp., $3.75)

Developing Language Programs for Young Disadvantaged Children

Bank Street College of Education

By Margaret Yonemura Teachers College Press, N.Y., 1969. Focuses on how to help young children overcome difficulties in speaking standard English. (81 pp., $2.50)

Ideas That Work With Young Children

Bank Street College of Education

Edited by Katherine Read Baker, National Association for the Education of Young Children, Washington, D.C., 1972. Includes several articles written by Bank Street staff members for the Association's publication, *Young Children*. (236 pp., $3.35)

The Learning Child

Bank Street College of Education

By Dorothy H. Cohen, Random House, New York, 1972. Surveys the most critical aspects of development in children from 5 to 11 years old and demonstrates the validity of the mental health approach to education. (360 pp., $7.95) Also available in paperback. (Vintage Press, $2.45)

A Learning Team: Teacher and Auxiliary

Bank Street College of Education

Discusses concepts, processes, and models for team training for paraprofessionals and the professionals with whom they work. (163 pp., $2.25)

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New Careers and Roles in the American School

Bank Street College of Education

By Garda W. Bowman and Gordon J. Klopf. A study of 15 programs for training and role development of paraprofessionals in instruction, guidance, and home-school relations. (256 pp., $3.25)

Young Children

National Association for the Education of Young Children

A major activity of NAEYC. Addressed to all who work with young children, the journal includes articles, reports, information of legislation, and reviews of books and audiovisual materials. (Published six times annually, $10)

What Does the Nursery School Teach?

National Association for the Education of Young Children

By Elizabeth Doak Tarnay. Discusses some ways and means of teaching young children to be happy with people, to enjoy the world around them, and to be creative and constructive. (48 pp., $1)

Teaching the Disadvantaged Young Child

National Association for the Education of Young Children

A compilation of selected articles from *Young Children* that is especially useful for anyone working with Head Start programs. (128 pp., $2)

FAMILY PLANNING

The Joys and Sorrows of Parenthood
The Mental Health Aspects of Family Limitation

Group for the Advancement of Psychiatry, Inc.

GAP publications are issued on a 3-year subscription cycle. They are also available on an individual basis. A catalog of current titles in print may be requested from the GAP Publications Office.

Mental Health and Family Planning

Planned Parenthood-World Population Headquarters of the Planned Parenthood Federation of America, Inc.

By Henry David, chairman of the American Psychological Association Task Force on Psychology. (No. C1190, 4 pp., 25¢ each)

Family Planning Services in a Mental Hospital

Planned Parenthood-World Population Headquarters of the Planned Parenthood Federation of America, Inc.

By Delmer C. Eggert, M.D. and Josephine Price, A.C.S.W. in 1969 reports on the value of such a program in an Iowa State mental hospital. (No. 1085, 4 pp., 25¢ each, 50 for $4)

The Role of Family Planning in the Primary Prevention of Mental Illness

Planned Parenthood-World Population Headquarters of the Planned Parenthood Federation of America, Inc.

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Written in 1969 by Richard A. Schwartz, M.D., citing the importance of family planning as a preventive psychiatric technique. (No. 1084, 8 pp., 25¢ each, 50 for $6)

Psychiatric Aspects of Contraception

Planned Parenthood-World Population Headquarters of the Planned Parenthood Federation of America, Inc.

By Karl Menninger, M.D., who proclaims the benefits of deliberate child spacing for mother and child. (No. 605, 8 pp., 25¢ each, 50 for $5)

Unwanted Pregnancy: A Challenge to Mental Health

Planned Parenthood-World Population Headquarters of the Planned Parenthood Federation of America, Inc.

Written in 1967 by Alan F. Guttmacher, M.D., president of the Planned Parenthood Federation. (8 pp., 25¢ each, 50 for $7)

Preventive Psychiatry

Planned Parenthood-World Population Headquarters of the Planned Parenthood Federation of America, Inc.

By E. James Lieberman, M.D. Is as relevant today as it was in 1964 when it was published. (No. 784, 8pp., 25¢ each, 50 for $4)

Love, Sex and Birth Control for the Mentally Retarded

Planned Parenthood-World Population Headquarters of the Planned Parenthood Federation of America, Inc.

Written by Winifred Kempton, Medora Bass, and Sol Gordon, Ph.D., as a guide for parents of mentally retarded children, offering expert advice on introducing and discussing topics related to their sexuality. Illustrated. (No. 1272, 36 pp., 75¢ each, 10 for $6)

True to Life

Planned Parenthood-World Population Headquarters of the Planned Parenthood Federation of America, Inc.

From Emory University. Slick "confession" style magazine imparts down to earth family planning information. (No. 1325, 64 pp., 50¢ each, 100 for $10, 500 for $45, 1000 for $80)

Planned Parenthood Publications (No. 100) Free.
Guide to Films (No. 109) 25¢
Planned Parenthood-World Population Headquarters of the Planned Parenthood Federation of America, Inc.

FAMILY RELATIONS

Understanding Your Parents
How to Keep Romance in Your Marriage
Married Love in the Middle Years

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Love and the Facts of Life
A Handbook for Husbands and Wives
Sex After the Sexual Revolution
Creative Approach to Sex Education and Counseling
How to Work with Teenage Groups
Introduction to Group Dynamics
Social Group Work
Mental Health Care in the World of Work.
Goals for Social Welfare: 1973-1993

Association Press

So You Are Adopted

Guidance Center of New Rochelle

Written to answer the special questions of the adopted child as he enters his teens. (16 pp., 50¢)

Selective Guide to Materials for Mental Health and Family Life Education

Mental Health Materials Center, Inc.

Provides detailed information, including specific audience-and-use suggestions, about many hundreds of the most highly recommended publications and audiovisual aids concerning child growth and development; family life, including sex education; problem areas like drug abuse, alcoholism, mental illness, and intergroup relations; and community programs and resources for improved mental health. The *Guide* is periodically revised. (864 pages, $35.00)

IRC Newsletter

Mental Health Materials Center, Inc.

A subscription service designed to supplement the *Selective Guide* and provide a flow of information about new educational materials and ways to use them effectively.

How To Know Your Child (32 pp., 25¢)
The Many Faces of Money (32 pp., 25¢)

Mental Health Materials Center, Inc.

Brief Encounters in Family Living

Play Schools Association

Ten illustrative family situations with constructive suggestions for parents.

Building Your Marriage
Enjoy Your Child-Ages 1, 2, and 3
Understand Your Child-From 6 to 12
Mental Health Is a Family Affair
How To Tell Your Child About Sex
Parent-Teenager Communication: Bridging the Generation Gap
Building a Marriage on Two Alters

Public Affairs Committee, Inc.

BEST COPY AVAILABLE

These pamphlets were prepared in cooperation with national research or program organizations working in the fields covered by the pamphlets. (24-28 pp., 35¢ each with lower rates for quantity orders)

Social Casework

The Family Service Association of America

A journal which gives particular attention to new techniques in helping children and adults with problems of interpersonal relationships. ($10 annually)

What Makes for Strong Family Life?

The Family Service Association of America

Describes the functions and goals of family life in nontechnical language and has been widely used in education programs.

Plays for Living

The Family Service Association of America

A program through which more than 40 half-hour plays have been prepared on family and community problems. Subjects of the plays include alcoholism, parent-teenage relationships, school integration, retirement and aging, juvenile delinquency, unmarried mothers, venereal disease, and vocational rehabilitation of the mentally ill and the mentally retarded. Written by professional playwrights, in close collaboration with authorities in the fields of social work and mental health, these plays are available in script form.

The PTA Magazine

National Congress of Parents and Teachers

A magazine in which most ideas for discussion meetings are communicated to members periodically. (10 issues at $3.50 a year)

The National Congress Bulletin

National Congress of Parents and Teachers

Also communicates to members ideas for discussion meetings. (10 issues at 50¢ a year)

Children's Emotional Health

National Congress of Parents and Teachers

Furnishes information on children's emotional needs. It suggests community resources to safeguard and promote the mental health of children, and answers questions parents ask about children's emotional disturbances. (95 pp., 75¢ ea.)

Action Program (46 pp., 50¢)
Thinking Straight About Drinking (24 pp., 30¢)
Your Gifted Child (24 pp., 30¢)
Looking In on Your School (40 pp., 60¢)
When Parents Study Their Job (80 pp., 75¢)

National Congress of Parents and Teachers

Useful pamphlets which are authoritative, concise, and easily assimilated.

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Talk and Listen ($8.15 per 100)
Parents and Teenagers ($1.50 per 100)
Extension Service

Two guides for parents of older children.

HALFWAY HOUSES

Halfway Houses for the Mentally Ill
The Joint Information Service of the American Psychiatric Association and the National Association for Mental Health

By Raymond Glasscote, Jon Gudeman, and Richard Elpers. Published in 1971, this volume is the only comprehensive and up-to-date publication concerning this important new movement. It includes the results of a national survey which provides information on the program, staffing, and residents of 128 halfway houses. Case studies developed from field visits describe the experiences of 17 halfway houses of widely differing characteristics. Guidelines are presented for persons interested in developing halfway houses. (224 pp., $6)

HEALTH AND SAFETY

Obedience Means Safety for Your Child
American Academy of Pediatrics

Dedicated to reducing the accident rate among small children. This pamphlet explores several ideas on disciplining for safety. (21 pp.)

Responsibility Means Safety for Your Child
American Academy of Pediatrics

Focuses on responsibility, the principle that parents need to remember in helping children reach adulthood safely. (22 pp.)

Child Health Record From Infancy to Adulthood
American Academy of Pediatrics

A small charge is made for these and similar publications. Most of the publications are prepared by Academy committees.

Pediatrics
American Academy of Pediatrics

The official journal of the Academy, this monthly publication serves as a medium of information for general medical profession.

The Injured Employee: A Psychiatric Assessment
Group for the Advancement of Psychiatry, Inc.

GAP publications are issued on a 3-year subscription cycle. They are also available individually. A list of current titles in print may be requested from the GAP Publications Office.

HOMOSEXUALITY

Homosexuality in Our Society

Public Affairs Committee, Inc.

This pamphlet was prepared in cooperation with national research or program organizations working in subject field. (28 pp., 35¢ each with lower rates for quantity orders)

INFANTS

Talk With Baby
Babies Look and Learn
Babies Touch, Taste, and Learn

Extension Service

A series of simple guides for low-income parents. Issued by the Unit of Home Economics of the Extension Service. These are basically picture books, with brief suggestions and explanations accompanying the large illustrations. They are priced for wide distribution at $7.95 per hundred.

Low Income Kit on Child Development

Extension Service

Packet of teaching materials for work with parents of babies, preschool children, and teenagers. It includes besides the guides already mentioned and other materials, *Helping Parents Teach Young Children* and *Parents and Babies* which are planned to be used by home economics program assistants and others who work with parents. A form is enclosed in each packet for use in ordering bulk supplies of the materials.

Prenatal *Pierre the Pellican*

Family Publications Center

A series of nine pamphlets intended for sending monthly to expectant parents. Names of recipients must be supplied by physicians in private practice or hospitals or public health centers. (A film, "Expectant Parents Meet *Pierre the Pelican*" has been prepared to show sponsoring groups how to initiate and administer the program. It is on free 2-week loan from the Center.)

Postnatal *Pierre the Pelican*

Family Publications Center

A series of twenty-eight pamphlets sent at intervals to parents of first-born children from the time the child is one month old to the sixth birthday. The letters are sent monthly until the child's first birthday; they are then distributed at longer intervals. Their object is to prevent the development of emotional disturbance in children by teaching parents how to foster good mental health.

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MENTAL HEALTH

How To Deal With Mental Problems

How to Deal With Your Tensions

Mental Health Is . . . 1, 2, 3

National Association for Mental Health

Pamphlets will be mailed free upon request. Manuscripts prepared by NAMH are reviewed by professional persons who serve as consultants to the organization; many of the publications are tested with various kinds of audiences. The materials are prepared to reach the widest possible audience; their language is simple, concepts are streamlined, and cost is low. All have been widely used in community education programs throughout the country. Several of the most popular leaflets are also available in Spanish.

Because You Like People . . . Choose a Career in Mental Health

National Association for Mental Health

Material supporting a nationwide mental health careers program due to the continuing critical shortage of personnel in the mental health field.

***People Who Care* (film)**

National Association for Mental Health

MENTAL HEALTH EDUCATION

Integration of Mental Health Concepts With the Human Relations Professions

Bank Street College of Education

Intended for use by those who are actively conducting mental health education programs for various workers, clergymen, nurses, and dentists. Each chapter was written by an authority in his field. (134 pp., $2.00)

Recommended Books for a Mental Health Library

National Association for Mental Health

A useful bibliography which includes listings of background readings, general references, books on special mental health subjects, and books for professional groups.

Mental Health Education

Mental Health Materials Center, Inc.

By Nina Ridenour, Ph.D. Discusses principles in the effective use and choice of materials. (116 pp., $5.00, clothbound)

Program Plays

What Did I Do?
The Case of the Missing Handshake
The Room Upstairs
The Ins and Outs

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Fences
According to Size
Mental Health Materials Center, Inc.

Communications Network
Office of Public Affairs; Alcohol, Drug Abuse, and Mental Health Administration; Department of Health, Education, and Welfare, Rockville, Md. 20852

Periodic publication. The network was established to allow mental health information and education personnel to share communications ideas and experiences related to needs expressed in the results of a Lou Harris poll. The purpose is to provide a flow of communications techniques and expertise in an attempt to prevent mental, emotional, and social problems. (Free)

MENTAL ILLNESS

The Mentally Ill Offender—A Survey of Treatment Programs
The Joint Information Service for the American Psychiatric Association and the National Association for Mental Health

By Patricia Scheidemandel and Charles Kanno. Published in 1969, this volume reports the results of the first comprehensive national survey done on this population. It includes descriptions of the numbers of such offenders, the types of facilities which house them, the various bases for commitment to these facilities (e.g., "persons held pending determination of their competency to stand trial," sex offenders), and the treatment available to them. (76 pp., $2)

Health Insurance and Psychiatric Care: Utilization and Costs
American Psychiatric Association

This book reports the most comprehensive study ever made of the economic feasibility of "equal coverage" for the mentally ill under health insurance programs. It is "must" reading for all citizens concerned with promoting equal coverage for the mentally ill under a national health insurance program. (Highlights of the findings reported in this book are summarized in a pamphlet, *Equal Coverage for the Mentally Ill*. (16 pp., $1.00) (412 pp., $6.50)

Mental Illness. A Guide for the Family
National Association for Mental Health

Distributed by many State hospitals to the families of new patients.

Helping a Mental Patient at Home
National Association for Mental Health

Valuable for educating families of mental patients.

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How To Recognize and Handle Abnormal People: A Manual for the Police Officer

National Association for Mental Health

NAMH educational programs are not only directed to the public at large but also to key professional groups which encounter problems of mental and emotional illness in the course of their work, such as police officers, clergymen, business and industrial personnel, and teachers.

The VIP with Psychiatric Impairment

Group for the Advancement of Psychiatry, Inc.

Toward Mental Health

Public Affairs Committee, Inc.

One of the first attempts to convey to the public a review of existing knowledge about various forms of mental and emotional illnesses and to describe some methods of treatment. (26 pp., 35¢)

When Mental Illness Strikes Your Family

Public Affairs Committee, Inc.

Prepared in cooperation with national research or program organizations dealing with mental illness. (24 pp., 35¢)

How to Recognize and Handle Abnormal People

National Association for Mental Health

This manual for police officers is used throughout the United States not only for the training of local police, but State police, Federal agencies, sheriffs' offices, psychiatric aides in mental hospitals, university police patrols, and guards of correctional institutions. It has just been revised to include two new chapters on abnormal *group* behavior—one of which is on the police and civil protest, while the other is on the policeman's role in family disputes.

Diagnostic and Statistical Manual of Mental Disorders (a reference work)

American Psychiatric Association

Troubled People on the Job

American Psychiatric Association

Intended for office supervisors and industrial foremen, discusses emotional disturbances that may underly such problems as alcoholism, absenteeism, illness, inadequate work output, and friction between workers and supervisors. (26 pp., 50¢)

Instructor's Plan Book

American Psychiatric Association

Designed for use with the pamphlet described above. Prepared by the New York State Health Department and is available from the Association. (32 pp., 50¢)

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"Booked for Safekeeping"

Family Publications Center

This film describes handling the very disturbed mental patient

When a Mental Patient Comes Home

American Medical Association

Answers questions that are likely to occur to the family of a returned mental patient. (flyer, 15¢)

Partial Hospitalization for the Mentally Ill–A Study of Programs and Problems

The Joint Information Service of the American Psychiatric Association and the National Association for Mental Health

By Raymond Glasscote, Alam Kraft, Sidney Glassman, and William Jepson. Issued in 1969. It incorporates the findings of a field study of 12 partial hospitalization programs, a conference between the authors and the directors of those centers, a national survey, and an exhaustive review of the literature. This volume provides a definitive statement of the art in partial hospitalization programs. (187 pp.; $6 hard cover, $4 paper)

Eleven Indices–an Aid in Reviewing State and Local Mental Health and Hospital Programs

The Joint Information Service of the American Psychiatric Association and the National Association for Mental Health

This 1971 publication provides State-by-State data for expenditures for mental health programs, hospitalization rates, rehabilitated mental illness clients, and so on. In addition, a separate profile is provided for each State, indicating its performance against the national averages. (83 pp., $4)

Health Insurance for Mental Illness

The Joint Information Service of the American Psychiatric Association and the National Association for Mental Health

By Patricia Scheidemandel, Charles Kanno, and Raymond Glasscote. A comprehensive publication on voluntary health insurance as it applies to mental health and illness. Published in February 1968, it reviews insurance policies in force; reports the results of an original national survey of the extent of insurance benefits for treatment by psychiatrists in office practice; and reports on a second survey of insurance coverage of psychiatric inpatients in 10 hospitals. (89 pp., $2.50)

Rehabilitating the Mentally Ill in the Community–A Study of Psychosocial Rehabilitation Centers

The Joint Information Service of the American Psychiatric Association and the National Association for Mental Health

By Raymond Glasscote, Elaine Cumming, Irvin Rutman, James Sussex, and Sidney Glassman. This 1971 publication reviews the development of interest in and services for rehabilitating the mentally ill, with particular emphasis on

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efforts to provide rehabilitation experiences and opportunities in the community. Problems and practicalities of developing and operating such programs are fully discussed. A wealth of significant experience emerges from case studies of six community-based "psychosocial rehabilitation centers." (214 pp., $6)

MENTAL RETARDATION

Helping the Trainable Mentally Retarded Child

Teachers College Press

By Bernice B. Baumgarte. A guide for all concerned with programs to help mentally retarded children develop their potential and find satisfaction in life. (71 pp., $1.50)

Play With a Difference

Play Schools Association, Inc.

A report of an on-site training program for profoundly retarded residents of an institution. (15 pp., $1.00)

A Work-Play Program for the Trainable Mental Deficient

Play Schools Association, Inc.

Retarded children integrated with a group of normal children.

Selected Reading Suggestions for Parents of Mentally Retarded Children (26 pp., 20¢)

A Selected Bibliography on Education of the Mentally Retarded (35 pp., 25¢)

Mental Retardation News

The National Association for Retarded Children, Inc.

A bimonthly newspaper which reports current advances on behalf of the retarded. ($3.50 a year)

Who Helps the Physician Help the Retarded

American Medical Association

Addressed to the family doctor; offers information on supportive services for the retarded. (16 pp., 15¢)

Help for the Mentally Retarded

Rehabilitation Services Administration

A general information leaflet on State and Federal aid, rehabilitation services, job opportunities, and special programs for the mentally retarded.(12pp.)

Edouard Seguin: A Study of an Educational Approach to the Treatment of Mentally Defective Children

Teachers College Press

By Mabel E. Talbot. Demonstrates the relationships between theory and practice in Seguin's systematically developed pedagogy for the education of those with major barriers to learning. (160 pp., Cloth, $4.50, Paper, $2.95)

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Terminology and Concepts in Mental Retardation

Teachers College Press

By Joel R. Davitz, Lois J. Davitz, and Irving Lorge. Primarily a content analysis of the literature used in classifying and diagnosing the mentally retarded. Problems and issues in terminology are discussed. (127 pp., $3.95)

Socio-Recreative Programing for the Retarded: A Handbook for Sponsoring Groups

Teachers College Press

By Elliott M. Avedon and Frances B. Arje. A guide for developing a recreational program for the mentally retarded through optimum use of professional and community resources. (84 pp., $2.25)

PERSONALITY

Becoming a Person

The Hogg Foundation for Mental Health

A reprint of two lectures by Carl R. Rogers, Ph.D., a noted psychologist, who summarizes his basic philosophy about personality and counseling. (23 pp., 10¢)

Self-Acceptance

The Hogg Foundation for Mental Health

Eugene C. McDanald, Jr., Bert Kruger Smith, Robert L. Sutherland, 1962. 6th printing 1971. Process, not panacea, for achieving self-acceptance is given in this pamphlet based on the long-time observations of a psychiatrist. Some guidelines are suggested. (18 pp., 25¢)

Your Emotions and Overweight (32 pp., 25¢)

Mental Health Materials Center, Inc.

PHYSICALLY HANDICAPPED

Rehabilitation Literature

National Easter Seal Society for Crippled Children and Adults

A monthly listing which serves as an abstracting index to books, pamphlets, and journal articles on all aspects of rehabilitation. ($10.00 annually)

On Being the Parent of a Handicapped Child

National Easter Seal Society for Crippled Children and Adults

By Benjamin Spock, M.D. Discusses feelings parents may have about physical or emotional handicaps of their children and outlines important steps they must take to help their children. (18 pp., 25¢)

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Emotional Reactions of Handicapped Children

National Easter Seal Society for Crippled Children and Adults

By Roger D. Freeman. Discusses the psychological aspects of handicapping conditions. (9 pp., 10¢, No. A199)

When You Meet a Handicapped Person (Single Copy, free)
Why Did This Have to Happen (18 pp., 25¢)

National Easter Seal Society for Crippled Children and Adults

New Outlook for the Blind

American Foundation for the Blind, Inc.

A professional magazine for teachers, social workers, physicians, and others who work with the blind. (Issued 10 times a year; $6 annually for the ink, braille, or recorded edition)

AFB Newsletter

American Foundation for the Blind, Inc.

A free quarterly for persons engaged in services for the blind.

Washington Report

American Foundation for the Blind, Inc.

Contains reports on research in field of blindness. (Issued irregularly; $1.50 per copy)

A Psychiatrist Works With Blindness

American Foundation for the Blind, Inc.

By Louis S. Cholden, M.D. A memorial edition of the psychiatrist's selected papers. (119 pp., $1)

The Blind in School and Society: A Psychological Study

American Foundation for the Blind, Inc.

By Thomas D. Cutsforth. A new edition of a well-known study. (269 pp., $2)

The War Blind in American Social Structure

American Foundation for the Blind, Inc.

By Alan G. Gowman. Explores the beliefs and feelings of the sighted in relation to the blind and the impact of these tensions of the blind. (237 pp., $2)

851 Blinded Veterans: A Success Story

American Foundation for the Blind, Inc.

The final report of a 1964 survey of blinded veterans. (388 pp., $4.25)

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No Place To Go (89 pp., $1.35)
No Time to Lose

American Foundation for the Blind, Inc.

This one and above both deal with the multipli-handicapped blind child. (53 pp., $1.35)

RLF and Autistic Symptomatology

American Foundation for the Blind, Inc.

By Joan Chase to be published in the summer of 1973 at a price of $4.

Attitudes Toward Blind Persons

American Foundation for the Blind, Inc.

By Irving F. Lukoff, Oscar Cohen, et al. A general introduction to the subject. (74 pp., $2)

What Do You Do When You See a Blind Person?

American Foundation for the Blind, Inc.

A 13-1/2 minute color film which demonstrates the right and wrong ways of dealing with blind people. (Loan $7.50 per screening, purchase $75)

Communicating With Deaf-Blind People

American Foundation for the Blind, Inc.

An 18-minute color film available on free loan, demonstrates through actual conversations with six deaf-blind persons, five of the most commonly used methods.

Radio Programs

American Foundation for the Blind, Inc.

Three series of radio programs are available on discs for free loan to radio stations, agencies, and schools. They are *"Manpower"* and *"Working in a Sighted World,"* Volumes I and II, all of them showing blind persons working in regular jobs.

PSYCHIATRY

Standards for Psychiatric Facilities Serving Children and Adolescents

American Psychiatric Association

Similarly useful for citizens especially concerned with children and adolescents. (136 pp., $3.00)

APA Guidelines for Psychiatric Services Covered under Health Insurance

American Psychiatric Association

The pamphlet outlines what psychiatrists currently believe should be taken into consideration in planning health insurance programs to include benefits for psychiatric patients. (39 pp., $1.00)

The Effect of Third-Party Payment on Psychiatry

Group for the Advancement of Psychiatry, Inc.

A catalog of current publications in print may be requested from the GAP Publications Office.

American Journal of Psychiatry
Hospitals and Community Psychiatry
Staff (a bulletin)
Psychiatric News (A newsletter)
The Psychiatrist (psychiatric education)
Summaries of Scientific Papers of Annual Meetings (a research report)
Recent Research in Schizophrenia (a research report)

American Psychiatric Association

A Psychiatric Glossary

American Psychiatric Association

Intended chiefly for members of the medical profession and mental health disciplines, but it has also been widely used by members of many other professions. The current (second) edition, published in 1964, contains nearly 700 definitions of terms used in psychiatry. It has helped move the field toward a needed standardization of psychiatric words and concepts. (66 pp., $1)

Experiment in Living

The Hogg Foundation for Mental Health

Dorothy Schloss describes how a group of volunteers attempted to alter the physical surroundings of one ward in a large psychiatric hospital. Although this project did not attempt to measure the psychological effects of these environmental changes on the patients, some anecdotal material and observations are included. (42 pp., 25¢)

The Work Village

The Hogg Foundation for Mental Health

O. Stanley Brown, 1971. A unique program of work therapy for schizophrenic patients at a State hospital is described in this publication. (20 pp., 25¢)

The Psychiatric Emergency–A Study of Patterns of Service

The Joint Information Service for the American Psychiatric Association and the National Association for Mental Health

By Raymond Glasscote, Elaine Cumming, Donald Hammersley, Lucy D. Ozarin, and Lauren Smith. Issued in 1966. Describes seven operating programs (as examples of the various patterns of providing emergency service) and includes chapter discussions of such subjects as Suicide, the Aggressive Patient, and Some Characteristics of Emergencies. (110 pp., $2.50)

Standards for Psychiatric Facilities

American Psychiatric Association

Describes standards and their application to six types of psychiatric facilities—community mental health centers, psychiatric outpatient clinics, psychiatric services in general hospitals, private psychiatric hospitals, and services for the mentally retarded. The book is useful for citizens interested in the evaluation of psychiatric facilities in their localities. (115 pp., $2.50)

RACISM

The Web of Racism and Our Court System

Young Women's Christian Association of the U.S.A.

How to set up a volunteer court-watching project to gather unbiased information for further use. By Jean Whittet.

Racism and Sexism

Young Women's Christian Association of the U.S.A.

A careful look at their similarities and differences, plus a bibliography by National YWCA Resource Center on Women.

Racism and Mental Health: Essays

University of Pittsburgh Press or local bookstores

Essays by mental health experts. Editor: Dr. Charles V. Willie et al. ($12.95)

RECREATION

Recreation: A Medical Viewpoint

Teachers College Press

By Paul Haun. Discusses modern man's tensions and his need for healthy leisure outlets. Subjects considered include normal play versus pathological play (including the borderline area of "cheating"), recreation and the mental patient, use of play in therapy, and the special role of the recreation leader as a member of the mental health team. (98 pp., $1.65)

SEX

Some Questions and Answers About VD

American Social Health Association

Most popular, read-at-a-glance leaflet on venereal diseases. (5¢ each)

Today's VD Control Problem

American Social Health Association

Most authoritative booklet of its kind. A profile of the VD problem in the U.S. illustrated with maps, tables, and graphs. ($2 a copy)

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Every Minute of the Day

American Social Health Association

Highly popular play discussing VD just as plainly as teenagers do, without vulgarity. ($4 a copy)

What You Should Know About VD

American Social Health Association

By Alton Blakeslee. Authoritative fact book about VD in question-and-answer format, popular with youth. (32 pp., 50¢)

Sex Education—Let's Get Going

Young Women's Christian Association of the U.S.A.

Multimedia materials including record, color slides, reading materials to help groups consider what sex education is, whose job it is, the role of the schools and community, attitudes of youth and adults. By Helen F. Southard. ($5)

Taking A Sexual History

Group for the Advancement of Psychiatry, Inc.

GAP publications are issued on a 3-year subscription cycle. They are also available on an individual basis. A catalog of current titles in print may be requested from the GAP Publications Office.

A Story About You

American Medical Association

A sex-education booklet for children in grades four to six. (44 pp., 30¢)

Facts Aren't Enough

American Medical Association

A sex-education guide for parents, teachers, school nurses, and other adults who may be responsible for helping children form sound ideas and attitudes about reproduction and family living. (72 pp., 30¢)

Errors in Sex-Role Behavior in Teen-Age Boys

Teachers College Press

By Charles C. Harrington. A careful research study of the link between sex identity and errors in sex-role behavior in adolescent boys. (109 pp., $2.95)

SIECUS Report

SIECUS

Includes a feature article on a topic of current interest, news of the field, and extensive reviews of relevant books, audiovisual aids, and journal articles. Special features include a listing of sex education workshops, research abstracts, bibliographies, and an annual index. ($7.00 for one year; $12.00 for two years; issued bi-monthly)

A Resource Guide in Sex Education for the Mentally Retarded
Developing Community Acceptance of Sex Education for the Mentally Retarded

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Film Resources for Sex Education
Sex Education and Family Life for Visually Handicapped Children and Youth: A Resource Guide
SEICUS

Sex Education
Homosexuality
Masturbation
Premarital Sexual Standards
Sexual Encounters Between Adults and Children
Sexual Life in the Later Years
Concerns of Parents About Sex Education
Teenage Pregnancy: Prevention and Treatment
SEICUS

All of the above are a Study Guide series, currently containing 13 titles, presenting an overview of specific topics in the area of sexuality.

SOCIAL PROBLEMS AND SERVICES

Social Services of Our Cities
The Hogg Foundation for Mental Health

A reprint of an essay by Robert L. Sutherland, Ph.D. Prepared at the request of the Texas Municipal League. It addresses needs in the areas of social concerns and relates ways in which communities and cities are attempting to solve these problems. (28 pp., 30¢)

Reflections on a Peaceful Demonstration
The Hogg Foundation for Mental Health

By Ira Iscoe and Philip A. Mann, 1971. In this reprint from the *American Psychologist* 26:1, January 1971, two University of Texas faculty members have chronicled what took place during a campus and city demonstration. When events built up to a peak of near-violence, the ensuing restraint exercised by all segments of the community brought about a remarkable unity. (20 pp., 25¢)

Public Welfare
American Public Welfare Association

APWA's quarterly periodical for personnel of welfare agencies. (Single copy $2, annual subscription $8)

Public Welfare Directory
American Public Welfare Association

A compendium of Federal, State and local public welfare agencies throughout the United States (single copies, $15.00).

Letter from the Executive Director

American Public Welfare Association

An "insider letter" which provides (on a monthly basis) an analysis of events and trends at the national level affecting social welfare policy and practice. Distributed free to members and subscribers.

APWA Washington Report

American Public Welfare Association

A periodical digest of Congressional and administrative activity. (Available to subscribers at $5.00 annually; $6.00 foreign.)

(Conference proceedings and guidelines, together with books and pamphlets intended to present current views and developments of interest to professional and lay leaders in the public welfare field are also issued by the American Public Welfare Association.)

Mental Health and Public Welfare

Group for the Advancement of Psychiatry, Inc.

A catalog of current publications in print may be requested from the GAP Publications Office.

SUICIDE

Dealing with the Crisis of Suicide

Public Affairs Committee, Inc.

Pamphlet prepared in cooperation with national research or program organizations working in the subject field. (24 pp., 35¢ each with lower rates for quantity orders.)

The Cry for Help

Family Publications Center

A film handling the depressed, suicidal person.

THERAPY

Rehabilitation Record

Subscriptions to the magazine may be ordered from the Superintendent of Documents, Government Printing Office, Washington, D.C. 20402.

Reprints are available from *Rehabilitation Record*, HEW Building (South), Rehabilitation Services Administration, Washington, D.C. 20201.

A magazine intended primarily for persons working with physically, mentally, or socially handicapped persons. (Subscription, $5.50). Reprints of material from the magazine, however, often have wider appeal. Such articles include "The Alcoholic," "Mental Illness" and "Mental Retardation." (Reprints are free)

For the Disabled – Help Through Rehabilitation

Rehabilitation Services Administration

A consumer booklet. It states simply what is available for the client through State Vocation Rehabilitation Agencies and lists contact addresses. (Free)

Rehabilitation Services Administration Programs

Rehabilitation Services Administration

A description of the programs administered by the agency. (32 pages)

Sensitivity Training and Encounter Groups
Psychotherapy: A Helping Process

Public Affairs Committee, Inc.

Encounter Groups and Psychiatry

American Psychiatric Association

This Task Force Report discusses the growth of encounter groups, their relevance to the field of psychiatry, and the dangers and promise in their further development. (27 pp., $1.50)

APPENDIX

Administration on Aging
Social and Rehabilitation Service
U.S. Dept. of Health, Education, and Welfare
Washington, D.C. 20201

Established 1965. Under the law, this agency is charged with providing national leadership and coordination for programs to meet the needs and help solve the problems of the aging population.

AOA administers the Older Americans Act of 1965 and gives financial assistance, information, and consultation to States, to be used in helping communities develop new programs for older people and to expand and improve existing programs.

Among other activities, AOA serves as a central clearinghouse for information related to problems of older people and on services and opportunities available to them. It also publishes material on aging programs and services and distributes educational materials to assist older people and those who work for and with them.

Al-Anon Family Group Headquarters, Inc.
115 East 23rd Street
New York, New York 10010

Incorporated 1954. This international nonprofit organization, established by the families of the founders of Alcoholics Anonymous, serves more than 7,500 local groups with a total membership of over 100,000. The "family group" approach to alcoholism is similar to that of Alcoholics Anonymous, although more emphasis is placed on the family's role in helping itself and, indirectly, the alcoholic. Included in the Al-Anon Family Group is the Alateen program, through which teenage children of alcoholics are helped to live with an alcoholic parent.

The national headquarters functions as a service center. Services include an information program for individuals seeking help for themselves or for an alcoholic member of their family; assisting in the formation of new groups and the growth of established ones; and maintenance of a publishing and distribution program. The headquarters serves as liaison between AA hospital and prison groups and the families of patients and inmates and also corresponds with individuals in isolated parts of the world, including those who may wish to form a local group. Membership in Al-Anon Family Group is open to any relative or friend of an alcoholic, whether or not the alcoholic is a member of AA.

American Academy of Pediatrics
1801 Hirman Avenue
Evanston, Illinois 60204

Established 1930. The American Academy of Pediatrics is a professional organization of physicians specializing in the treatment of diseases of infants, children and teenagers. It serves as the central organization voice of all pediatricians. Since the main goal of the Academy is to improve the health and welfare of children, it fosters and stimulates interest in pediatrics and correlates all aspects of work involved in the medical care of children.

45

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Most of the work of the Academy is carried on by about 40 committees, whose concerns range over the whole spectrum of pediatrics including adoption, the handicapped child, the infant and preschool child, international child health, school health, youth, and pediatric practice.

American Foundation for the Blind, Inc.
15 West 16th Street
New York, New York 10011

Established 1921. The American Foundation for the Blind is a nonprofit, national research agency which acts as a clearinghouse for other agencies serving the blind and multipli-handicapped blind. Its activities include research in education, gathering of statistics, vocations, mechanical appliances and manufacture of Talking Book records, as well as consultation services and assistance to State and community agencies in their activities for, and special services to, the blind. The AFB also supports training through institutes and workshops for personnel in agencies for the blind, teachers and others who work with the blind.

American Medical Association
535 North Dearborn Street
Chicago, Illinois 60610

Founded 1847. The American Medical Association, which has about 194,000 members in 54 State and territorial groups and 1,911 county medical societies, was formed to promote the science and art of medicine, to improve public health, to provide information of drugs, and to keep members informed on medical and health legislation. The AMA also represents the medical profession to Congress and Government agencies, cooperates in setting standards for medical schools and hospital intern and residence training programs, and offers placement and counseling services to members.

American Psychiatric Association
1700 18th Street NW.
Washington, D.C. 20009

Established 1844. The oldest voluntary organization of medical specialists in the country, the American Psychiatric Association was formed to further study of the nature, treatment, and prevention of mental disorders. It also sets standards for mental hospitals and community clinics and is concerned with research and psychiatric education.

American Public Welfare Association
1313 East 60th Street
Chicago, Illinois 60637

Established 1930. The American Public Welfare Association has more than 8,000 members, including public welfare agencies, their professional staff members, and others interested in public welfare. The Association helps in the development and maintenance of good principles and administration of public welfare services and provides advisory services to legislative and administrative authorities and public welfare officials. It also acts as a clearinghouse for exchange of experience in the public welfare field and promotes new methods of training personnel.

American School Health Association
Kent, Ohio 44240

The American School Health Association, the only national professional organization solely concerned with the health of the school-age child, is comprised of 12,000 members who make up the school health team: health educators, school nurses, school physicians, dentists, dental hygienists, nutritionists and others. The ASHA strives to promote comprehensive and constructive school health programs—health services, health instruction, and a healthful school environment. The Association establishes guidelines for standards of excellence and competency for its members. It serves as the professional liaison among the disciplines in the field of school health and cooperates with local, State, and national organizations in behalf of all school health personnel.

American Social Health Association
1740 Broadway
New York, New York 10019

Founded 1912. The American Social Health Association is a national voluntary organization carrying on a continuous campaign against venereal disease (VD) and drug abuse.

In 1961, the Association launched its program for prevention of drug abuse. Through a professional information center, it analyzes and evaluates present rehabilitation programs for drug addicts, develops research programs, and disseminates materials to inform the public about narcotics.

ASHA places great emphasis on research, public information, and education. It is currently working with schools and community groups to secure the inclusion of education about VD in school curricula. ASHA is also urging increased emphasis in medical schools on the teaching, diagnosis, treatment, and management of syphilis and is promoting research toward the discovery of a vaccine for syphilis.

A complete catalog of ASHA's publications is available from the organization's headquarters.

Association for Childhood Education
3615 Wisconsin Avenue N.W.
Washington, D.C. 20016

Founded 1892. The association for Childhood Education International is nonprofit. It is supported by dues from its nearly 40,000 members and through income from the sale of its publications and books. Founded in 1892 as the International Kindergarten Union, it later merged with the National Council of Primary Education. Membership is open to all concerned with the education and well-being of children. Teachers, students in training, teacher educators, pediatricians, parents, day-care and community workers and many others belong. Organization is at the international, State and province and local levels. Nearly 25,000 persons are affiliated through active local branches in the United States, Canada and six other countries. Many individuals, institutions and organizations hold membership directly, including persons in 70 countries and United States possessions. Programs for study and growth, open to all, include winter and summer workshops providing indepth exploration into current topics; regional conferences; travel/study tours abroad; an annual Study Conference drawing a registration from between 2,000 to 2,500 and engaging

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nearly 800 members as active participants. The purposes of ACEI are: promoting desirable conditions, programs and practices for children from infancy through early adolescence; raising the standard of preparation, and encouraging continued professional growth of teachers and others concerned with the care and development of children; bringing into active cooperation all groups concerned with children in the school, the home and the community; informing the public of the needs of children and the ways in which the school program must be adjusted to fit those needs; working for the education and well-being of all children. A plan of action adopted by members provides guidelines for working at all levels. In addition nearly 400 members serve on 30 different volunteer committees.

Association Press
291 Broadway
New York, New York 10007

Established 1854. Association Press is the publishing arm of the National Board of Young Men's Christian Associations. For more than 70 years, it has published books and pamphlets reflecting the policies and aims of its parent organization.

The Press specializes in books planned to help people live fuller lives. Subjects covered include marriage, sex education, youth work, leadership, and social welfare. Paperbacks range in cost from 75¢ to $7.95, and hard-cover books from $2.95 to $15.00.

Some of the hard-cover books are manuals or handbooks, for use by group workers. Other publications are designed to be read by senior high school and college students in family-life classes or discussion groups, or by parent-teacher groups and organizations for young adults.

Association Press books have wide applicability to community mental health and family-life education programs. Many will interest parents, teachers, social caseworkers, clergymen, guidance counselors, and group workers. Discounts are offered to schools and libraries. Catalogs may be obtained upon request from the Press' headquarters.

Bank Street College of Education
610 West 112 Street
New York, New York 10025

Established 1916. Bank Street College of Education is an institution of higher education working for the improvement of education for children and adults. Bank Street is a versatile institution which conducts action and research programs including: graduate education for teachers, guidance personnel, and educational leaders; consultation to school systems throughout the country and training of their staffs to understand the Bank Street approach to education and utilize it effectively; operation of the School for Children, Bank Street's own independent school, which serves as a model of educating children; creation of children's literature as well as books, films, slides, and videotapes for training adults working in the educational fields; and research in areas relating to children's learning and teacher education and performance.

In its varied programs, the College serves as a center for research and advanced study on the learning process and the role of the school, the home, and the community as factors in personality development of children and in attitudes and behaviors of educational personnel working with children.

Child Study Association of America/Wel-Met Inc.
50 Madison Avenue
New York, New York 10010

A national organization concerned with family life education and training; camping services for youth and older adults. Child Study/Wel-Met conducts a varied program which includes family-life education training for professionals and parents, counseling and wide range of camping services.

Child Welfare League of America, Inc.
67 Irving Place
New York, New York 10003

The Child Welfare League of America is the only national, nonsectarian, privately-supported organization devoting its efforts completely to the improvement of care and services for the nation's deprived, neglected and dependent children. Its program and services are designed to protect and promote the welfare of children by helping child welfare agencies and communities provide essential social services for children and their families.

The League develops standards for services; maintains a library/information service; conducts research, provides consultation; holds educational conferences; and publishes professional material. In addition, it works with national and international organizations to improve policies affecting the welfare of children, and provides legislative groups with the information necessary for the passage of sound legislation.

Extension Service
U.S. Department of Agriculture
Washington, D.C. 20250

Established 1914. The Extension Service acts as an educational arm of the Department of Agriculture and the State land-grant universities. A prime facility for diffusing knowledge to the public, the Extension Service works directly with local communities through offices located in nearly every county in the United States. Its staff of administrative and technical people assists State specialists and works with many other groups and agencies. State university specialists are professionally trained in agriculture, home economics, youth work, and related fields.

The universities also cooperate with local county governments to employ extension agents. Through these "professors in the field," the research findings of the universities, the Department of Agriculture, and other sources are conveyed to the public. Home economics work related to better family living and 4-H and other youth programs with boys and girls are among the activities designed to serve such groups as low-income families, the elderly, youth, young families, and others with special educational needs.

Family Publications Center
Louisiana Association for Mental Health
1528 Jackson Avenue
New Orleans, Louisiana 70130

An advocacy group comprised of Louisiana citizens, the Association investigates the needs of communities and instigates action to fill those needs. Quarterly bulletin issued by the Association, *Target* and three educational publications annually, are free to members. The Association has produced such significant projects as *Pierre the Pelican* and *Milestones to Maturity*.

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The Family Service Association of America
44 East 23rd Street
New York, New York 10010

Established 1911. Family Service Association of America is a federation of more than 330 local voluntary family service agencies in the United States and Canada. These offer casework, family counseling services, and other programs to help families with parent-child, marital, mental health, and other problems of family living. The national organization provides member agencies with field service, information and research assistance, and other aid. It also maintains such programs as a project on aging and *Plays for Living*, a unique community education device.

Group for the Advancement of Psychiatry, Inc.
419 Park Avenue South
New York, New York 10016

Established in 1946, GAP is an organization of approximately 300 socially concerned American and Canadian psychiatrists, most of whom are organized in 21 working committees. Each active GAP member belongs to a committee that is working in his area of special interest and competence. Each committee explores pertinent ideas, issues, and methods of communication in its own field in furtherance of GAP's over-all aims:

- To collect and appraise significant data in the field of psychiatry, mental health, and human relations;
- To re-evaluate old concepts and to develop and test new ones;
- To apply the knowledge thus obtained for the promotion of mental health and good human relations.

In making their studies and formulating their reports, GAP members combine their talents with those of consultants and specialists in other disciplines. Each committee report is circulated among all the members of GAP before it is published and thus reflects the collective judgment of the entire membership.

In addition to reports formulated by its committees, GAP publishes the proceedings of symposiums on challenging topics of widespread interest that are occasionally held for GAP members and guests. A GAP member serves as the moderator of each symposium; the panelists include GAP members and invited specialists.

GAP Reports and Symposiums thus represent the summation, the distillation of the best thinking of leaders in psychiatry and other behavioral sciences from a variety of experiences and viewpoints.

Guidance Center of New Rochelle
70 Grand Street
New Rochelle, New York

Established 1942. The Guidance Center is a nonprofit community psychiatric clinic, licensed by the State of New York, with treatment facilities for children and adults and a preventive, educational mental health program for the community. In carrying out its community education program, the Center's staff makes use of numerous techniques, such as the small discussion group with continuing program, film showings, "showcases" of materials for other community service agencies, and performances of plays about family life.

The Hogg Foundation for Mental Health
The University of Texas
Austin, Texas 78712

Established 1940. The Hogg Foundation is interested primarily in demonstration projects which test new methods of communicating scientific findings in the field of mental health. It is also concerned with evaluating use of mental health materials and has sponsored studies of materials designed for high school seniors and for relatives of mental hospital patients.

The Joint Information Service of the American Psychiatric Association and the National Association for Mental Health
1700 18th Street N.W.
Washington, D.C. 20009

Established 1956. This research and information service collects and publishes original data concerning recent developments in the field of mental health. It is a joint effort of a medical organization, the American Psychiatric Association, and a citizens' organization, the National Association for Mental Health. The publications issued by this service are different and separate from those published independently by either of its sponsors.

Mental Health Materials Center, Inc.
419 Park Avenue South
New York, New York 10016

Mental Health Materials Center, Inc., is a private, nonprofit organization concerned with the effective use of program aids in the behavioral sciences, especially in the fields of mental health and family life education. MHMC attempts to bridge the gap that often exists between publishers or producers of high quality materials and the professional or lay leaders who are responsible for community mental health education programs. The Center functions in three main program areas.

Through its program division, Information Resources Center, MHMC conducts a continuous search-and-screen operation to identify new publications and films that meet high criteria for validity, authority, balance, integrity, appropriateness, and usefulness in an educational program. This information is made available to schools, libraries, community service organizations, and government agencies at every level through the *Selective Guide to Materials for Mental Health and Family Life Education* and the *IRC Newsletter*.

The archives and other facilities of the MHMC are also available to governmental and private agencies on a consultation basis. For example, MHMC has carried out exhaustive search and evaluative operations in the fields of drug abuse, alcoholism, suicide prevention, training of paraprofessional mental health aides, and mental health in general for the National Institute of Mental Health, National Institute of Child Health and Human Development, National Clearinghouse for Mental Health Information, New York City Mental Health/Mental Retardation Services, and others. MHMC also conducts a wide range of workshops, seminars, and showcase presentations designed both to train mental health educators and to increase their familiarity with the best current program materials.

Finally, the Center offers specialized publishing and distribution services for professional agencies interested in improving the quality or extending the outreach of their publications and other educational programs.

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One of the most notable examples of this kind of service is a cooperative relationship which the Center has developed with the River Region Mental Health Services, a consortium of four community mental health centers serving the Louisville, Kentucky, metropolitan area. These centers have been carrying out an innovative mass media educational campaign employing radio, TV and print media in support of a broadly based mental health program—"Alternatives, Helping You Build a Life You Can Live With." The material used in this campaign is being made available to mental health programs throughout the country under the direction of the MHMC.

National Association for the Education of Young Children
1834 Connecticut Ave., N.W.
Washington, D.C. 20009

Founded 1931. (Predecessor: National Association for Nursery Education.) The objectives of the Association are to serve the needs of young children and to act on their behalf, with primary focus on the promotion of educational services and resources. The official organ of the Association, *Young Children*, is issued bimonthly and is free to members. Membership (approximately 19,000) is made up of teachers, supervisors, and others interested in the education of young children. Send for brochure describing publications.

National Association for Mental Health
1800 North Kent Street
Arlington, Virginia 22209

Formed in 1950 (by merger of the National Committee for Mental Hygiene, the National Mental Health Foundation, and the Psychiatric Foundation). The National Association for Mental Health is a voluntary citizens' organization which conducts programs to combat mental illness and help the mentally ill and their families. To combat mental illness, the NAMH supports research on the causes, treatment, cure and prevention of mental illness and on rehabilitation of the mentally ill. Through legislative and social action, the NAMH works to assure proper and adequate services in every community for detection, diagnosis, treatment, and rehabilitation.

The public is able to learn about facilities and services for the mentally ill from the information services maintained by local mental health associations. In addition, persons can obtain information about many specialized subjects within the mental health field. Information and education activities are designed to reduce fear and prejudice about the mentally ill, to acquaint the public with prevention, treatment, and rehabilitation facilities, and to encourage early utilization of services. Many MHA's also conduct education programs for family life and mental health.

The National Association for Retarded Children, Inc.
2709 Avenue E East
P.O. Box 6109
Arlington, Texas 76011

Established 1950. Inspired originally by the parents of retarded children in all parts of the country, the National Association for Retarded Children (NARC) is a voluntary nationwide organization devoted to improving the welfare of mentally retarded persons. Its membership consists of over 224,000

parents and friends of the retarded, professional workers in the field of mental retardation, and interested citizens. They are united by a common determination to see that every child and adult has a chance to develop to his fullest potential.

NARC seeks to aid all mentally retarded persons without regard to race, creed, geographical location, or degree of retardation. It provides help to parents, individuals, organizations and communities in jointly solving the problems caused by retardation. NARC now has over 1,500 local and State Member Units in all 50 States, the District of Columbia, and in U.S. territories and military installations abroad. It works with comparable organizations in other countries.

National Congress of Parents and Teachers
700 North Rush Street
Chicago, Illinois 60611

Established 1897. The National Congress of Parents and Teachers is one of the largest voluntary organizations in the Nation. It has 8½ million members in over 38,000 parent-teacher associations. The National Congress strives to improve local PTA programs for parent and family life education, to interpret the schools' objectives to parents, and to make parents' needs understood by school administrators.

National Council on Alcoholism
2 East 103rd Street
New York, New York 10029

Established 1944. The National Council on Alcoholism works for the prevention and reduction of alcoholism through education, rehabilitation, and community services. Aiming toward general acceptance of alcoholism as a treatable disease, the Council acts as a national clearinghouse of information on therapeutic and preventive programs. NCA also supports research and provides consultation and special services to National, State, and local agencies (both governmental and voluntary) and to schools, churches, labor, industry, and professional organizations.

National Council on Crime and Delinquency
411 Hackensack Avenue
Hackensack, New Jersey 07601

Founded 1907. The National Council on Crime and Delinquency, with a membership of approximately 60,000 citizens and officials, provides services to promote rehabilitation of juvenile and adult offenders. The Council works on a community, State, and national level to develop effective juvenile, family, and criminal courts; to improve probation, parole, and institutional services and facilities; and to stimulate community programs for the prevention, treatment, and control of delinquency and crime. The Council works with citizen and professional groups and with judges, probation and parole officers, correctional administrators, and other public officials. NCCD serves as a clearinghouse for information about correctional work and maintains an extensive library. It also stimulates research, provides materials and technical data to public information media, and publishes literature for both professional and lay people.

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National Easter Seal Society of Crippled Children and Adults
2023 West Ogden Avenue
Chicago, Illinois 60612

Founded 1921. The National Easter Seal Society for Crippled Children and Adults is a federation of 51 State groups and 2000 local societies. It was formed to develop and conduct an educational program for the public and for professional workers, parents of handicapped children, and crippled adults; to provide, through continuing research, increased knowledge about the causes and prevention of crippling, and of improved methods of care, education, and treatment of crippled children and adults; and to direct services to improve the health, welfare, education, recreation, and employment opportunities of the handicapped.

The Society publishes and distributes more than 250 works. These are classified under subjects including the following: minimal brain disfunction, cerebral palsy, occupational therapy, physical therapy, special education, safety, recreation, stroke, and careers.

National Education Association
1201 16th Street, N.W.
Washington, D.C. 20036

Founded in 1857. The charter of the organization is to elevate the character and advance the interests of the profession of teaching and to promote the cause of education in the United States. Official publication of the Association is *Today's Education*. There are 1.4 million members in a network of State and local affiliates in all States, Puerto Rico, and Guam. Most NEA publications are intended for teachers and other education professionals. Specialists in mental health education will find many of these NEA publications useful. Requests for a catalog of publications should be sent to NEA Publishing Unit, Room 609. Orders (with payment) should be sent to NEA Customer Service.

Office of Education
U.S. Department of Health, Education, and Welfare
Washington, D.C. 20202

Established 1867. Since its establishment, the Office of Education has collected and disseminated statistics and facts and promoted the cause of education. In the past decade its responsibilities have increased greatly with the enactment of Federal laws authorizing it to administer grants and loans to help States, local communities, and institutions of postsecondary education. Nearly all of the approximately 17,000 local school districts and 2,500 colleges and universities in the U.S. have received Federal support for preschool to postdoctoral education. The Commissioner of Education, appointed by the President of the United States, with the consent of the Senate, heads the Office. Headquarters are at 400 Maryland Avenue, S.W., Washington, D.C. 20202.

Planned Parenthood-World Population Headquarters of the Planned Parenthood Federation of America, Inc.
810 Seventh Avenue
New York, New York 10019

Founded 1921. Through programs of education, service, and research, this voluntary nonprofit organization, which has some 190 affiliates, provides

leadership for acceptance and use of family planning as an essential element of responsible parenthood and harmonious family life in national and international perspective. Its programs include education for marriage and parenthood, family planning, including contraception and treatment for infertility, and research in the field of human reproduction.

Among its activities are consultant services to affiliates and cooperation with other organizations in informing the public about the global population problems and promoting the expansion of family planning education and services internationally.

Play Schools Association, Inc.
120 West 57th Street
New York, New York 10019

Established 1927. Play Schools Association, Inc., is a nationally recognized voluntary agency which, through its consultative work with its affiliated agencies, hospitals, various parent-organized or –sponsored groups, institutions and other groups, acts as advocate for the rights of children to play—the acknowledged route to enriched experience, understanding and self-confidence.

Public Affairs Committee, Inc.
381 Park Avenue South
New York, New York 10016

Founded 1936. The Public Affairs Committee is a nonprofit educational organization whose sole activity is publishing. PAC publishes only pamphlets—brief, inexpensive and objectively written pamphlets on vital economic and social problems. The pamphlets appear under the series title, *Public Affairs Pamphlets*.

Rehabilitation Services Administration
Social and Rehabilitation Service
U.S. Department of Health, Education, and Welfare
330 Independence Avenue S.W.
Washington, D.C. 20201

Created 1943 (as Office of Vocational Rehabilitation). The Federal-State program to help persons with mental or physical disabilities to live fuller lives through rehabilitation services is directed by the Rehabilitation Services Administration. The Federal agency's programs consist chiefly of grants to States for support of a wide range of rehabilitative services for disabled persons, including the developmentally disabled and the mentally ill. Funding for construction and the expansion of facilities is also part of the program. In addition, RSA administers research-grant programs to improve rehabilitative techniques.

Rutgers Center of Alcohol Studies
Rutgers University
New Brunswick, New Jersey 08903

The Center of Alcohol Studies is an interdisciplinary unit of Rutgers University that conducts community and laboratory research, a Summer School of Alcohol Studies and year-round training courses. The Center documents all the scientific and scholarly literature on alcohol problems.

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Science Research Associates, Inc.
259 East Erie Street
Chicago, Illinois 60611

Founded 1938. A subsidiary of International Business Machines Corp., Science Research Associates seeks out educational needs not being adequately filled, interviews teachers to determine their needs and problems, and searches for new and better ways to bring students and teachers together. One of its functions is to develop new materials based on research in the behavioral sciences as related to the learning process.

SRA is the largest commerical publisher of standardized tests in the United States. In addition to modern learning systems and other materials of instruction, SRA provides programs and services for the evaluation and guidance of individual students. It also serves as contract testing agency for the American College Testing Program, the National Merit Scholarship Program, and other similar programs. In recent years, it has also entered the field of teaching machines.

SIECUS - Sex Information and Education Council of the U.S.
1855 Broadway
New York, New York 10023

Founded 1964. The Sex Information and Education Council of the U.S. (SIECUS) is a voluntary health agency devoted to the improvement and understanding of human sexuality as an aspect of individual and social health. It focuses on human sexuality as a positive factor in the total physical, mental, and emotional health of the individual, and in his or her effective functioning in society. SIECUS is used as a source of information and guidance concerning sex education programs and materials. SIECUS provides professional training by public, private, undergraduate, and graduate professional schools. Societies, religious and civic groups, city, State, and Federal agencies are also included in the Council's training programs. The expanded program has included national and local conferences, consultations, referrals, and sources of information on topics of educational and social concern relating to human sexuality.

Teachers College Press
Teachers College, Columbia University
New York, New York 10027

Founded 1904. Through Teachers College Press the fruits of research and experimentation in the field of education are made available to teachers and other education personnel. Many of its materials are also of interest and use to parents and other individuals who are not professionally engaged in the field of education. Areas covered include mental health, special education, home and family life, teacher education, student personnel and guidance, psychology, philosophy, higher education, sociology, educational research, nursing education, early childhood education, anthropology and education, and others.

Young Women's Christian Association of the U.S.A
National Board
600 Lexington Avenue
New York, New York 10022

Established 1855. The YWCAs, currently represented in more than 80 countries, are dedicated to the spiritual, intellectual, moral, social, and physical welfare of women. To assist local YWCAs in developing and conducting programs, the National Board of the YWCA has established a Communications Unit which offers supplies, resource materials, and publications.